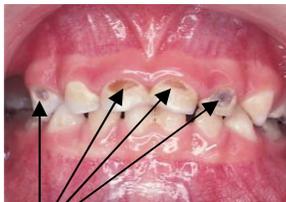


Early childhood cavities happen when baby teeth are frequently exposed to sugary liquids — milk, formula, fruit juice, soda, etc — for long periods of time. “Sugar bugs” are bacteria that “eat” sugar and turn it quickly into acid which dissolves enamel and creates cavities over time. Baby teeth are particularly susceptible because the enamel is thin and the teeth are small.

THE GOOD

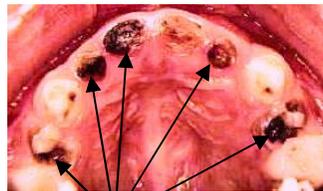


THE BAD



Cavities

& THE UGLY



Severe Cavities

HOW TO KEEP YOUR CHILD FROM GETTING CAVITIES

- Start brushing your child's teeth as soon as teeth come in and keep helping your child brush until age 10.
- Allow only water only in your child's bottle/sippy after brushing at night!
- Schedule your child's first exam at age one.
- Get your teeth fixed! Did you know that unfilled cavities in parents will spread “sugar bugs” (cavity-causing bacteria) to children? This happens the same way colds and other diseases are spread between people.